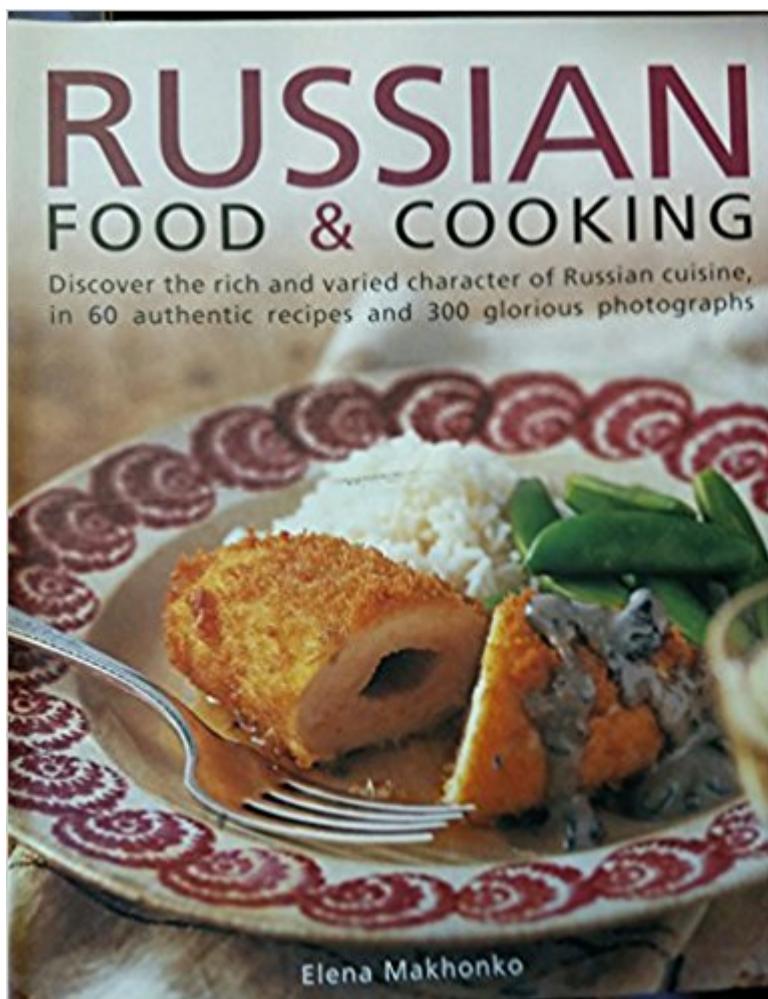


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# Russian Food & Cooking



## **Synopsis**

Discover the rich & varied character of Russian cuisine in 60 authentic recipes & 300 glorious photographs which includes a wide variety of regional dishes as well as classic, often French inspired gastronomy of major cities. Explores the varied & fascinating history of Russian food & eating traditions & its ethnic, geographical & historical diversity.

## **Book Information**

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## **Customer Reviews**

Discover the rich & varied character of Russian cuisine in 60 authentic recipes & 300 glorious photographs which includes a wide variety of regional dishes as well as classic, often French inspired gastronomy of major cities. Explores the varied & fascinating history of Russian food & eating traditions & its ethnic, geographical & historical diversity.

This is the first Russian cookbook I have owned that had beautiful pictures of the food. The wonderful photography sparked my interest and I have now made several of the recipes in this cookbook with most success. I admit that there are some difficult parts here and there for me in the baking area. The recipe for Small Blueberry Pies called for 'a large pinch of rapid rise yeast'. I bake a lot so I usually have only regular active yeast which substituted very well when dissolved in the water with a 1/4 tsp of sugar. However, I had a little difficulty with the 'large pinch' of yeast and my first dough didn't rise. I ended up using a tsp of active dry yeast on the second batch and it worked wonderfully. I made them for a ladies luncheon and the raves are still being talked about a week later. I have made the Salmon Pie and it was very tasty and beautiful on the table. None of the recipes are difficult to make. You can tell that the author has made these items several times in her

life because of the 'pinches' here and there. I cook that way with things I'm comfortable making but when baking something brand new I really appreciate exact measurements. I highly recommend this book. This one has awakened a whole new desire to learn about Russian cooking in me!

This book has just the right amount of background and historical information, colorful beautiful pictures. However, the recipes should be used as a guideline only. I'm first generation Russian wanted to give a good Russian cookbook for my sister-in-law. I know these recipes and not all of them are accurate. One extremely annoying item is the ubiquitous use of canola and rapeseed oil - I have never even seen either of those until my family moved to US. There was butter, lard and sunflower oil and this book makes it sound like canola or rapeseed oils are the only authentic options. Other than that, the book has enough selection to give a decent introduction to Russian cooking but not much beyond that. Still this is a good book to give as a gift or as a conversation starter on your coffee table.

This book is a joy to use with colored photos and clearly written recipes for traditional Russian home cooking. The selection is wide including several dishes from the Georgian Republic. Titles of the recipes are written with the English name and with the Russian name. This is an excellent book for anyone interested in learning basic Russian cooking. I recommend trying the piroshki (small meat filled pies) and the Siberian Pelemeni (meat filled ravioli).

I found some interesting recipes in this book. I was particularly looking for Pryaniki a Russian Spice cookie. Their recipe was perfect with what I had eaten in Russia. I think next time I'll put a dash of molasses in the batter because in Russia the cookies I ate were darker in color. Great pictures and great recipes. Better than the second Russian book I bought which had no pictures and no Spice cookie recipe.

Great book overall. I would have liked the other version of Blimi and I would have loved a "celebration section" with the recipes, especially for Easter, Christmas etc old favourites from the Russian Orthodox seasons.

Great Recipes!

The book is fantastic, though it lacks some of the recipes which I grew up with such as Napoleon

cake and Korolevsky cake. And russian potato salad is missing also. But it has everything else, that is why I gave it 4 stars. I also appreciate all the background info about zakusky and the traditions of it.

If you are new to Russian cooking, then this book is it. It will give you pictures to see the end product, which is very helpful. The Beef stroganov recipe is to die for! Also great historical and cultural information in the front of the book. You will not be disappointed.

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